

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



FREE



**SENIORS'
INFORMATION
&
ACTIVE LIVING
FAIR**

**THURS, MARCH 21st from 12 noon – 6pm
at the Renfrew Recreation Centre**

67 Argyle St S, Renfrew, ON K7V 1T2

- ★ **Demonstrations** ★ **Over 30 Exhibitors**
- ★ **Door Prizes** ★ **Special Presentations**
- ★ **Refreshments & Lunch available**

12:15 pm - Official Opening:

1:00 pm - Canada Revenue Agency: Seniors and Income Tax

2:00 pm - Community Paramedic Response Unit-Renfrew County

3:00 pm - U of Ottawa Heart Institute: Preventing or Living with Heart Disease

4:00 pm - Renfrew Victoria Hospital Sleep Lab: Sleep Apnea Therapy Advances

Everyone welcome! Bring questions and find answers

Hosted by: Renfrew Golden Age Activity Centre

Sponsored by: OACAO & Ministry for Seniors & Accessibility

For more information, contact Fay O'Reilly at 613-431-8289 or Fayoreilly@renfrewgoldenage.ca

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