

SENIORS ACTIVE

LIVING & LIFESTYLES FAIR



Hosted by Community Centre 55



Wednesday, March 13, 2019

10:00 a.m.- 2:00 p.m.

Beach United Church

140 Wineva Ave, Toronto

Join us for an informative and FREE day of workshops, active demonstrations, health clinic, healthy snacks and over 25 health related exhibitors featuring unique services and products to keep you independent and active!

Transportation to and from event also available.

Please contact Jade at 416-691-1113 or at jade@centre55.com for more information.

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés

