

**MIND YOUR HEALTH
SENIORS HEALTH FAIR**

Friday February 8th, 2019

Activity Haven Recreation Centre (Peterborough)

180 Barnardo Ave, Peterborough, Ontario

K9H 5V3

705-876-1670

www.activityhaven.com

**Book your table for our upcoming “Mind Your Health”
Seniors Health Information Fair
Friday February 8th, 2019.**

**Call Activity Haven at 705 876-1670 and speak to
Heather Leveck or Ashlyn Michelle Ayotte!**

**Seniors Fair will run from
10:00am-2:00pm**

Guest speakers will be addressing a variety of topics.

Healthy Snacks available

Open to the community.

