

Opening Keynote Address: The Sun Will Come Up Tomorrow – It is far better to develop the wisdom to deal with life's problems than to hope you never have any problems.

Dick O'Brien received his bachelors and masters degrees from the University of Waterloo and continues to seek life lessons and wisdom from daily experiences. Mr. O'Brien is a professional speaker and a consultant in human relations. He has been a therapist and a trainer for 32 years. Mr. O'Brien has held senior management positions in government and business. He has been in the seminary, a truck driver, an elementary teacher, director of a heroin treatment centre, an alcoholism counsellor, a university instructor, a marriage counsellor and deputy superintendent of a juvenile corrections centre.

For the past 25 years he has been conducting trainings in Wellness, Leadership and Stress Management based on the universal principles of wisdom of the past 5000 years.