

Tuesday October 19

10:30 a.m. to Noon

Older Adult Applied Research: Are You Staying Current?

Baby boomers and the process of aging is being studied on many levels and managing to keep current and up-to-date on this research is becoming increasingly difficult due to an explosion of information and tools available. It is important to be aware of and involved in current research to ensure older adult centres are staying relevant. Pat Spadafora, Director of Research at Sheridan Elder Research Project will share with us current research projects and how we can become involved.

Key Learning Objectives:

1. Learn about current and innovative research related to aging,
2. Discuss how can Older Adult Centres apply this research in practice at their Centres,
3. Learn how Centres can become involved in research projects

Pat Spadafora has a demonstrated track record in leading innovative projects from concept to reality, taking them from “lab to life” TM. The founding Director and principal investigator of the Sheridan Elder Research Centre (SERC), she has had extensive experience in developing unique linkages between people, ideas and resources in the field of aging. Ms. Spadafora has an M.S.W. from Wilfrid Laurier University and over 30 years of experience in the social work and education fields. Ms. Spadafora’s research interests include, among others, global population aging, aging in place, accessible technology, civic engagement and retirement, the impact of the creative and performing arts on health, program evaluation, building community capacity and preparing organizations to meet the demands of a growing aging population.

Ms. Spadafora is a member of a number of organizations,

including her role as a Director with the International Federation on Ageing (IFA) and as a member of the NGO Committee on Ageing in New York at the United Nations.