

Sunday October 17
2:00 to 3:30 p.m.

In the Fog of Change

Dick O'Brien cultivates ideas of personal renewal and emphasizes that more often than not we are a product of our choices rather than our circumstances. It helps people to learn to cope with the surprises of life and work. It also encourages individuals to seek the opportunities in change when they may be disguised as problems and to commit to reinventing themselves in the face of uncertainty and risk. You must either learn to deal with change or change will deal with you. The only stable theme in life is change.

Key Learning Objectives:

1. How to cope with the surprises of life and work;
2. How to seek opportunities in change when they may be disguised as problems
3. How to recommit in the face of uncertainty and risk

Dick O'Brien received his bachelors and masters degrees from the University of Waterloo and continues to seek life lessons and wisdom from daily experiences. Mr. O'Brien is a professional speaker and a consultant in human relations. He has been a therapist and a trainer for 32 years. Mr. O'Brien has held senior management positions in government and business. He has been in the seminary, a truck driver, an elementary teacher, director of a heroin treatment centre, an alcoholism counsellor, a university instructor, a marriage counsellor and deputy superintendent of a juvenile corrections centre.