

**Tuesday October 19**

**8:45 to 10:15 a.m.**

## **Dementia Tsunami and the Challenge for Centres**

Are you ready? The 'dementia tsunami' will create an influx of customers who have more complex needs due to physical frailty and cognitive impairment. This session will help staff understand the challenges of living with dementia, and how best to interact with those who have memory loss.

Key Learning Objectives:

1. Understand the relationship between brain health and dementia.
2. Know what lifestyle changes can be made to maximize your brain health.
3. Learn how to combine the keys to brain health to capitalize on their value."

If you would be able to confirm for me which set of objectives you wish covered I will bring the appropriate material.

**Robin Smart** has been the Public Education Coordinator with the Alzheimer Society of Guelph-Wellington since 2005. Previous to that she worked in Long Term Care since age 16, when she started as a nursing aid. Over the years she worked in a variety of departments including dietary, recreation, activation and for many years as the admission coordinator for a Long Term Care home. Robin holds both a Bachelor and Master of Arts Degree from the University of Guelph. Her Master's Degree focused on helping people adapt to institutional living.

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